

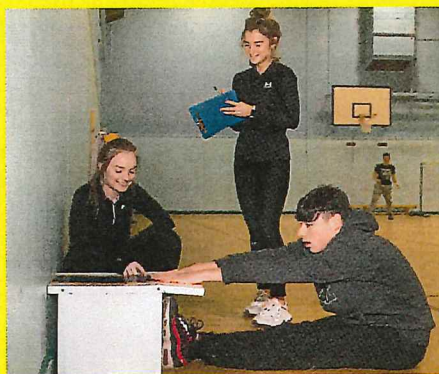
■ **COMPLEMENTARY
AREAS OF STUDY**

Biology 'AS'
Physics 'AS'
Business Studies 'AS'
Psychology 'AS'
BTEC Sport Level 3
Food Science & Nutrition 'AS'

■ **CAREER OPPORTUNITIES
CYFLEOEDD GYRFAOEDD**

Students gaining an 'AS' level certificate in Physical Education have a wealth of opportunity to gain entrance to employment in the rapidly expanding sport and leisure industry, or to develop further studies at A Level.

Students may also access specific sports courses at university on completion.



**FOR MORE INFORMATION
AM FWY O WYBODAETH**

Students interested in studying Physical Education should contact subject staff or the Learning Manager responsible. More information can also be found in the school prospectus.

**Subject Staff
Staff y Pwnc**

Miss Beccy Roberts B.Sc. (Hons)
Mr Craig Hutchinson B.Ed.
Mr Nick O'Connell B.Sc.

**Subject Leader
Rheolwr Addysgu**

Miss Beccy Roberts B.Sc. (Hons)
M.A. Education

**Learning Area Manager
Mrs S Thomas**

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Lefel AS / A2

**PHYSICAL
EDUCATION**

**ADDYSG
GORFFOROL**

*Expressive Arts
Learning Area*

**Course Director
Miss Beccy Roberts**

■ COURSE DETAILS MANYLION Y CWRS

This course aims to develop theoretical knowledge and understanding of the factors that underpin physical activity and sport to improve performance.

This specification has been designed to allow learners to develop an appreciation of Physical Education in a wide range of contexts. It is designed to integrate theory and practice with an emphasis on the application of theoretical knowledge.

Exam Board: WJEC

ENTRY REQUIREMENTS GOFYNION MYNEDIAD

Candidates are expected to possess a Higher Grade pass at GCSE Physical Education and Science, together with a course tutor recommendation.

Candidates **MUST** have a main sport that they participate in regularly in a training and competitive situation.

It is desirable that candidates have some coaching and officiating experience in their main sport to fulfill the course requirements.

If the subject has not been previously studied and is being taken for the first time then this must only be after negotiation with the course tutor. Their Science GCSE Grade may then affect the final decision, particularly Biology and Physics.

■ SYLLABUS / Y MAES LLAFUR

Unit 1 - AS Theory

Exercise Physiology, Performance Analysis and Coaching.
Sports Psychology.
Skill Acquisition.

Unit 2 - AS Practical

Practical Performance in one activity as a player/performer
Practical Performance as a coach or official.
Personal Performance Profile (PPP)

Unit 3 - A2 Theory

Exercise Physiology, Performance Analysis and Training.
Sports Psychology.
Skill Acquisition.
Sport in Society.

Unit 4 - A2 Practical

1. Practical performance in one activity as a player/performer or official coach.
Individual Investigative Research (I.R.)

ASSESSMENT ASESIADAU

AS Level

UNIT 1: Written examination: 72 marks.
1 hour, 45 minutes.
(60% if AS 24% if A Level).

UNIT 2: Internally assessed, externally moderated: 48% marks.
(40% of AS, 16% of A Level).

A2 Level

UNIT 3: Written examination: 90 marks.
2 hours. (36% of A Level).

UNIT 4: Internally assessed, externally moderated: 60 marks. (24% of A Level).

■ EXTERNAL LINKS GOFYNION MYNEDIAD

Work Experience: Placement within a physical education, sport, recreational or leisure provider, eg Hotels, Health Clubs, Sport Centres, Schools or Sports Clubs.

Coaching courses: In association with 'community focused schools' and the '5 x 60' initiative, students can gain coaching qualifications in their chosen sport. This then allows them to aid in school extra-curricular clubs and primary school sports clubs and festivals.

In addition, the department also take students to sports science laboratories at local universities.