GWELLA

FIT, FED & READ **SUMMER 2025**



THE PERSON NAMED IN COLUMN TWO					10 B00			
Monday	Tuesday		Wednesday		Thursday		Fric	HO.
Flint	Saltney	Connah's Quay	Buckley	Aston	Mostyn	Holywell	Treuddyn	Mold
2:00-3:30pm	11:00am-12:30pm	2:00-3:30pm	11:00am-12:30pm	2:00-3:30pm	11:00am-12:30pm	2:00-3:30pm	11:00am-12:30pm	2:00-3:30pm
Flint Castle CH6 5PE Find us on the grassed area either side of the Castle	Park Avenue Rec CH4 8LT Find us via alleyways on Park Avenue, Salisbury Avenue and Ashleigh Close	Scout Hut Field CH5 4RQ Find us on the playing field below Deeside Naval Club	Princess Avenue CH7 2LP Find us on the playing field between Princess Avenue and Alyn Road	Central Drive CH5 1LR Find us opposite the Melrose Inn	Mostyn Football Pitch CH8 9PE Find us on the playing field opposite Mostyn community centre	Fron Park CH8 7TQ Find us behind Holywell Leisure Centre	Treuddyn Playing Field CH7 4LU Find us behind Treuddyn village hall	Maes Bodlonfa CH7 1DR Find us on 'The Rec' playing field
21 July 28 July 4 August 11 August 18 August	22 July 29 July 5 August 12 August 19 August		23 July 30 July 6 August 13 August 20 August		24 July 31 July 7 August 14 August 21 August		25 July 1 August 8 August 15 August 22 August	

Contact josh.mcewan@gwella.wales for more information



















