



Social Prescription Service

Would you like help or information regarding the support that is available in your community?



**Contact FLVC's
Social Prescription Service**

☎ 01352 744002 ✉ support@flvc.org.uk

About us

FLVC Social Prescription Service is available to adults and families living in Flintshire.

Our service aims to empower you to reconnect with your community, by signposting to activities and referring to services that suit your personal interests and well-being needs.

Our team provides a free and non-judgemental telephone based support service.

How do I make contact?

Simply call or email the team:

☎ 01352 744002 ✉ support@flvc.org.uk

Or if you are already receiving support from a professional, with your consent they can contact the team on your behalf.

What happens next?

Following initial contact, one of our Social Prescribers will call you to have a conversation about what is important to you. Our team will make suggestions of services and groups / activities which can offer the support you require and enable you to re-engage with your community.

Feedback

The following quotes have been received from individuals who have spoken to a member of our team:

“It’s great that you’ve phoned, you’ve given me a hand to reach to, and something to look forward to. Thank you for your call it’s very kind of you”

“I can already see how helpful some of these things are going to be, you couldn’t imagine how helpful this has been”

“You’ve given me more information than anyone else ever has”



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Gwasanaeth Rhagnodi Cymdeithasol

Fyddech chi'n hoffi help neu wybodaeth am y cymorth sydd ar gael yn eich cymuned?



Cysylltwch â Gwasanaeth Rhagnodi Cymdeithasol CGLISFF

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Amdanom Ni

Mae Gwasanaeth Rhagnodi Cymdeithasol CGLISFF ar gael i oedolion a theuluoedd sy'n byw yn Sir Fflint.

Nod ein gwasanaeth yw eich grymuso i ailgysylltu gyda'ch cymuned drwy eich cyfeirio at weithgareddau a gwasanaethau sy'n addas ar gyfer eich diddordebau personol ac anghenion llesiant.

Mae ein tîm yn cynnig gwasanaeth cymorth rhad ac am ddim ac anfeirniadol dros y ffôn.

Sut mae cysylltu?

Ffoniwch neu anfonwch e-bost at y tîm:
☎ 01352 744002 ✉ support@flvc.org.uk

Neu os ydych eisoes yn derbyn cymorth gan weithwr proffesiynol, gyda'ch caniatâd chi gallant gysylltu â'r tîm ar eich rhan.

Beth sy'n digwydd nesaf?

Yn dilyn y cysylltiad dechreuol, bydd un o'n Rhagnodwyr Cymdeithasol yn eich galw i gael sgwrs am yr hyn sy'n bwysig i chi. Bydd ein tîm yn awgrymu gwasanaethau a grwpiau/gweithgareddau a all gynnig y cymorth rydych ei angen a'ch galluogi i ailgysylltu gyda'ch cymuned.

Adborth

Cafwyd y dyfyniadau canlynol gan unigolion a siaradodd gydag aelod o'n tîm:

“Mae'n wych eich bod wedi ffonio, rydych wedi rhoi llaw i mi ymestyn amdani, a rhywbeth i edrych ymlaen ato. Diolch am eich galwad, rydych chi'n garedig iawn”

“Gallaf weld yn barod faint o help fydd rhai o'r pethau yma. Fedrwn chi ddim dychmygu faint o help mae hyn wedi bod”

“Rydych wedi rhoi mwy o wybodaeth i mi nag y mae unrhyw un arall wedi'i gynnig i mi erioed”



Rhif Cofrestru Elusen: 1062644
Cwmni Cyfyngedig drwy Warant: 3301204